

Vegetarian Menu

	Breakfast	Lunch	Dinner
Day 1	<ul style="list-style-type: none">- Egg toast- Salad- Soybean milk- Fresh fruit	<ul style="list-style-type: none">- Egg Fried Rice-Soup- Snacks- Drink	<ul style="list-style-type: none">- Pad See-eww egg noodle- Snacks- Fresh fruit
Day 2	<ul style="list-style-type: none">- Mushroom Porridge- Bread- Fresh fruit	<ul style="list-style-type: none">- Mushroom Spaghetti- Spring rolls- Snacks- Drink	<ul style="list-style-type: none">- Mushroom Tom Yum- Omelet- Rice- Fresh fruit
Day 3	<ul style="list-style-type: none">- Bread- Mashed potatoes- Fried egg- Soybean milk	<ul style="list-style-type: none">- Green curry chicken- Boiled eggs- Rice- Snacks- Drink	<ul style="list-style-type: none">- Pad Thai Noodle- Salad- French fries- Fresh fruit
Day 4	<ul style="list-style-type: none">- Rice porridge- Salted eggs- Pickled Cabbage- Peanut- Fruit juice	<ul style="list-style-type: none">- Mushroom Macaroni- Snacks- Fresh fruit	<ul style="list-style-type: none">- Stir Fried Basil- Fried egg- Rice- Fresh fruit
Day 5	<ul style="list-style-type: none">- Macaroni- Boiled Egg Salad- Fresh fruit- Soybean milk	<ul style="list-style-type: none">- Rad nar noodle- Snacks- Drink	<ul style="list-style-type: none">- Panang Curry- Stir fried vegetables- Rice- Fresh fruit
Day 6	<ul style="list-style-type: none">- Scrambled eggs- Vegetables Salad- Bread- Milk- Fresh fruit	<ul style="list-style-type: none">- Spaghetti Carbonara-Salad- Snacks- Drink	<ul style="list-style-type: none">- Tom Kha Mushroom- Stir fried vegetables- Rice- Fresh fruit
Day 7	<ul style="list-style-type: none">- Egg toast- Grilled Vegetables- Snacks- Fresh fruit	<ul style="list-style-type: none">- Fried Tofu with Garlic- Fried egg- Rice- Snacks	<ul style="list-style-type: none">- Stir fried noodle- Spring rolls- Fresh fruit

Breakfast**Lunch****Dinner****Day 8**

- Scrambled eggs
- Bread
- Salad
- Fresh fruit

- Stir Fried Mixed Vegetables
- Stir Fried Basil
- Rice
- Snacks
- Drink

- Pad see-eeuw noodle
- Fresh fruit
- Snacks

Day 9

- Baked spinach with cheese
- Bread
- Soybean milk
- Fresh fruit

- Glass Noodles Stir Fried with Egg
- Spring rolls
- Soup
- Rice
- Drink

- Agricultural Protein Fried Garlic
- Egg soup
- Rice
- Fresh fruit

Day 10

- Rice porridge
- Peanut
- Pickled Cabbage
- Fresh fruit

- Panang Curry
- Fried egg
- Rice
- Snacks
- Drink

- fried rice
- Soup
- Fresh fruit

Day 11

- Bread
- Fried egg
- French fries
- Salad
- Soybean milk

- Cashew nut stir fried
- Soup
- Rice
- Snacks
- Drink

- Spaghetti Carbonara
- Salad
- Fresh fruit

Day 12

- Hamburger
- Mashed potatoes
- Salad
- Fresh fruit

- Stir Fried Tofu with Chili
- Omelet
- Rice
- Snacks
- Drink

- Pad see-eeuw noodle
- Snacks
- Fresh fruit

Day 13

- Rice porridge
- Stir fried vegetables
- Omelet (Thai style)
- Peanut
- Fresh fruit

- fried rice
- Fried Tofu
- Salad
- Snacks
- Drink

- Pad thai noodle
- Snacks
- Fruit juice

Day 14

- แขนวิชผัก
- French fries
- Salad
- Fruit juice

- Mushroom Tom Yum
- Stir Fried Tofu with Curry
- Rice
- Snacks
- Drink

- Spicy Spaghetti
- Snacks
- Fruit juice

Day 15

- Rice porridge
- Stir Fried Vegetables
- Salted eggs
- Fresh fruit
- Soybean milk

- Spicy noodle salad
- Omelet
- Rice
- Snacks
- Drink

- American Fried Rice
- French fries
- Fresh fruit